

HEALTH CARE SPANISH

Health Care Spanish Newsletter

September 2015

Learning on the Go!

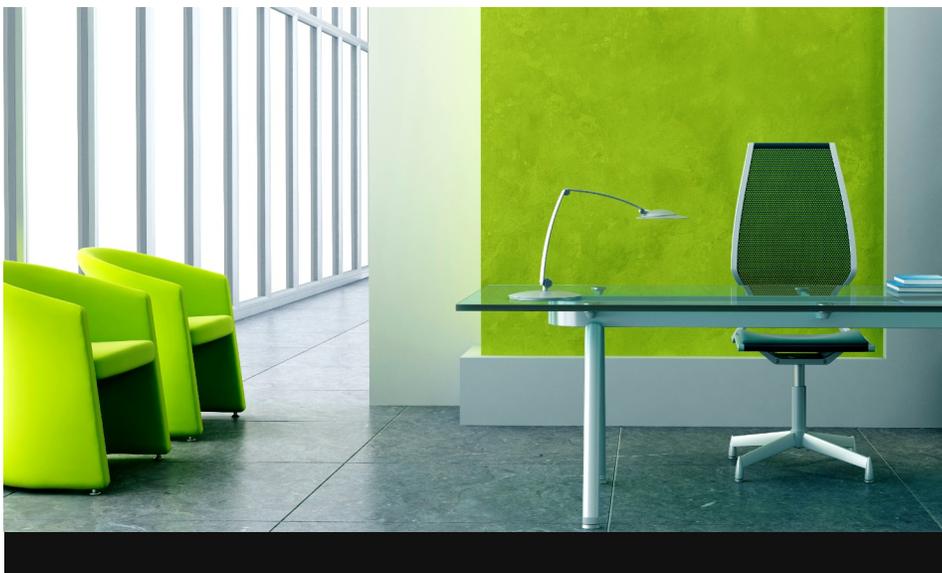
The goal of this newsletter is to provide you with enough information to be useful, but not more than can be learned within the busy schedule of a health care worker. You'll find anatomy charts, additional vocabulary, occasional feedback from subscribers, and more! Feel free to read them now and save them for later use such as with a patient or as a study guide for coursework.

Help Others by Providing Feedback

Part of Health Care Spanish's mission is to create a useful resource for health care workers. However, there is only so much that can be done without feedback from you. Email questions or suggestions to healthcarespanish@yahoo.com

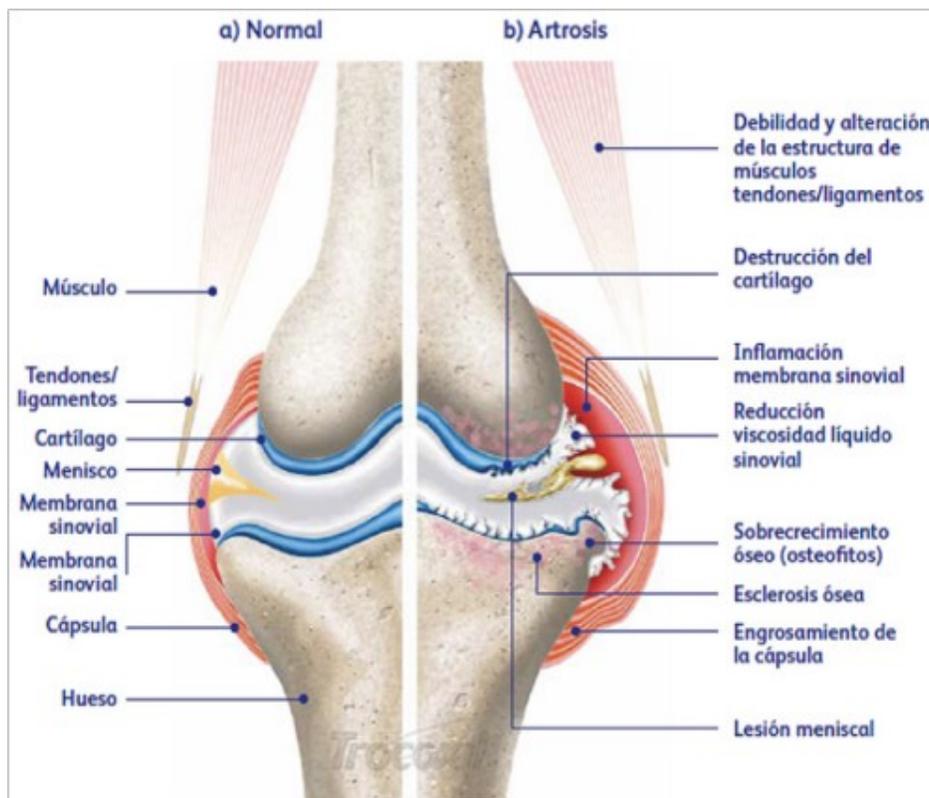
Spread the Word

Do you know other health care workers or students who need to pick up a little Español? If you find our endeavor useful, we would be grateful if you share it with others.



In This Issue

- Anatomy Chart: Osteoarthritis of the knee
- Up coming topics in following issues



Spanish

Artrosis

La debilidad y la alteración de los tendones o músculos / ligamentos

Destrucción del cartilago

Inflamación membrana sinovial

Reducción de la viscosidad del líquido

Sobrecrecimiento óseo (osteofitos)

Esclerosis ósea

Engrosamiento de la cápsula

Lesión meniscal

English

Osteoarthritis

Weakness and alteration of the tendons or muscles / ligaments

Destruction of cartilage

Synovial membrane inflammation

Synovial fluid viscosity reduction

Bony overgrowth (osteophytes)

Bone sclerosis

Thickening of the capsule

Meniscal lesion

More to Come!

Next weeks issue will include an anatomy chart of the heart. It will also be the first of several issues covering issues that affect the heart and particular risks for Latinos.

We are always open to suggestions. If there is a particular topic you'd like to see addressed in the newsletter, please let us know!

Contact Us

healthcarespanish@yahoo.com

Visit us on the web at
www.healthcarespanish.com